



# Yoga (& Wellness) Festival

-Wellbeing Therapists-



**Suzie Fenn**, *Suzie Fenn Yoga, Pilates & Massage Therapy*

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About: I'm a yoga teacher, Pilates teacher and sports massage therapist. I provide massage on yoga retreats hosted by other yoga teachers, as well as my own retreats. I also have lots of regular massage clients, and I provide monthly massages for NHS staff. I'm trained in sports massage but I always provide a bespoke massage service. Most clients end up choosing a deep tissue massage or a stress relieving, relaxing massage.

[www.suziefenn.com](http://www.suziefenn.com)



**Marie Ponting**, *Self Discovery with Astara*

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About: I offer 1:1 and group meditation and chakra balancing through crystals, rune readings, direct spirit channelling and am currently study soul healing at the goddess temple in Glastonbury.

[www.selfdiscoverywithastara.com](http://www.selfdiscoverywithastara.com)





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**Emma Edwards**, *Emma Edwards Therapies*

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About: I have a small, welcoming and very relaxing salon at The Fairground, Weyhill, offering aromatherapy & clinical massage, reflexology, facial reflexology, facials & reiki. I focus on treating clients holistically in mind, body and spirit. I believe every client is an individual and like to treat them as such, using one or a blend of the above therapies to create a bespoke treatment for each and every person, whether it be to help with chronic pain, de-stress, or simply some relaxing time out of your busy lifestyle.

[www.emmaedwardstherapies.co.uk](http://www.emmaedwardstherapies.co.uk)



**Michelle Davis**, *Flotsam Holistics*

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About: Hello, my name is Michelle and I am an Advanced Reiki Practitioner and Emotional Freedom Technique (EFT) Practitioner. I work with clearing the fragments of energy that get trapped and stuck in our energetic body, manifesting in symptoms on our physical bodies. I am an Advanced Reiki practitioner offering Reiki Healing (20-30 minute sessions).

[www.flotsamholistics.com](http://www.flotsamholistics.com)





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**Sandra Alderman**, *Healing with Tuning Forks*

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About: Tuning Forks offer vibrational healing. The client remains fully clothed and invited to indulge in a very relaxing session.

[www.innerguide.co.uk](http://www.innerguide.co.uk)

**More to be confirmed.....**